

## **Snow Warning: Be Prepared.**

### *How can I be prepared?*

- Make sure that you have enough basic dried and tinned foods in the house to last for at least a week.
- Purchase a small gas camping stove to heat up food and drinks.
- Ensure that you have a stock of candles and torch batteries.
- Should be the electricity be on, central heating would work, but ensure that you never let your fuel supplies get so low that you do not have at least 2 weeks in hand. Deliveries of oil and gas may be impossible.
- If you rely on regular drugs, make sure that you have enough to last for 2 weeks, and if not, contact your doctor as soon as such a severe weather warning is issued via the media.

### *What else can I do?*

If you know someone who lives in an isolated area of the parish and could be cut off from all access, check on them by telephone. In dire emergencies, tractors could be used to reach them.

### *Who are the vulnerable people?*

- the aged.
- those who need to be visited by carers.
- those who normally receive meals on wheels.
- those who are pregnant and about to have their baby in the next two weeks.

### *Who can help?*

- All able bodied villagers who can check on their vulnerable neighbours.
- Farmers who would be willing to clear roads with machinery.
- Local doctors, nurses and midwives who might help if emergency services cannot get through.
- People who could offer to loan mains generators.
- Those persons with 4 x 4s who would be willing to help in an emergency.